

New Dawn School #49

Lunch Menu

9 - 12

February 2016

1.Monday/Menu E Chicken & Dumplings Spinach Corn Cornbread Spiced peaches Margarine Milk	2.Tuesday Rodeo macaroni Carrots Pineapple tidbits Garlic toast Milk	3.Wednesday Parkview ham & bean soup Deli turkey sandwich Stewed Tomatoes Fruit cocktail Baked potato chips Mayonnaise Milk	4.Thursday Pork stir fry Herbed cauliflower Brown rice Applesauce Milk	5.-Friday Tuna cheese rotini casserole Gateway tossed salad Oatmeal muffin square Frozen(unsweetened)strawberries Peach cup Fat free ranch dressing Milk
8.Monday/Menu C Mac& cheese/wth chicken & broccoli New dawn Carrots Apple juice Mandarin oranges Whole grain bread Margarine Milk	9.Tuesday Sloppy Joe on bun Green peas Gateway tossed salad Peach cup Applesauce Fat free ranch dressing Milk	10.Wednesday Chicken Tamale pie Black beans(seasoned) Brown rice Applesauce cup Milk	11.Thursday Meatballs Yellow squash Rotini Noodles Fruit cocktail Chocolate pudding Brown gravy Milk	12.Friday No School LINCOLN'S BIRTHDAY HOLIDAY
15.Monday/Menu F No School GEORGE WASHINGTON'S BIRTHDAY HOLIDAY	16.Tuesday Tuna salad sandwich Gateway tossed salad Baked potato chips Spiced peaches Italian fat free dressing Milk	17.Wednesday Mexican chicken Refried beans Mexicali corn Brown rice Pears Sour cream Milk	18.Thursday Beef vegetable soup Deli turkey & cheese sandwich Broccoli salad Lettuce/tomato Baked potato chips Pineapple tidbits Mayonnaise	19.Friday Chicken pasta primavera Herbed cauliflower Green beans Garlic toast Mandarin oranges Chocolate pudding cup Milk

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22.Monday/Menu D Beef shepherd’s pie Broccoli Whole grain bread Frozen(sweetened)strawberries Margarine Jelly Milk	23. Tuesday Chicken ala king New dawn carrots Rotini noodles Spiced apples Milk	24.Wednesday Beef tamale pie Brown rice Black beans(seasoned) Pears Milk	25. Thursday Pepperoni pizza Gateway tossed salad Pineapple tidbits Peach cup Creamy dressing Milk	26. Friday Meatloaf Scalloped potatoes Yellow squash Cornbread Applesauce Brown gravy Margarine Milk
29. Monday Menu C Honey lemon chicken Copper P. carrots Broccoli /brown rice pilaf Mandarin oranges Milk				